

2022 Community Impact

Begin Again

To help neighbors emerging from homelessness and crises make a fresh start

Life Skills PLUS

Teaches our clients the basic skills of managing money, preventing emergencies, tending to a home, caring for themselves—mentally and physically—as well as their children. It's laced with positivity, encouragement, & structure for them to succeed as they do the hard work of starting over in life

Healthy Food

To combat hunger & Increase access



Farm to Belly

Disperse fresh produce & eggs in food deserts & impoverished neighborhoods. Host instructive cooking sessions with volunteers & clients to prepare abundant amounts of homemade gourmet to feed the hungry. Launched solar-operated roving chicken coup (producing 300 eggs daily) with First Fruits Farm

Measurable Results, Increased Access & Equity

SERVED 83.2% AFRICAN AMERICAN, 12% WHITE, 3% HISPANIC, 2% ASIAN

Distributed 114,480 meals in food deserts & mpoverished areas with our Good or You Groceries

Helped prevent mergencies in 174 households by supplying safety education, fire extinguishers, firs aid kits, etc.

Made 847 calls to clients, collecting monthly feedback 8 offering problem-solving

Household Essentials

Transform houses into homes by

providing items for bedroom & bath;

kitchen & safety; cleaning & personal

hygiene; feminine products, diapers,

wipes & infant/toddler items; and more

to create functional & safe

environments for families to thrive in

independent living

Disbursed 50,000+ pounds of fresh produce & eggs to nungry people in our partnership with First Fruits Farm

Established bi-monthly Client **Advisory Group to** build community & guide our initiatives

Helped 97% of our clients remain housed in 2022

Supplied 186 new beds to prevent lients from sleeping on the floor & to keep families together

Created 793 curated Life Skills PLUS boxes of tools & lessons

Furnished 115 clients & families with job resources or employment support services every month

Distribute healthy nonperishables in

reusable bags—27 meals & snacks in

each bag, bringing access of nutritious

food directly to our neighbors in need

Delivered Begin Again household essentials & life skill education to 417 individuals

Provided police with Good for You **Groceries**, yielding 5,640 healthy meal for people in neighborhoods they patrol

Dispersed actionable mental 8 physical exercises with critical health screening info to 115 families

"Our focus is ensuring that all our initiatives are transformational, not transactional—that our impact is lasting, not temporary."

~Molly Cottrill, Executive Director

Testimonials

This is the impact our programs made—in the words of our clients:

- "I just want to say thank you, I appreciate everything. To go from being homeless and having nothing to this, is a blessing!"
- "I'm using the budget sheets and saving money. Please tell everyone thank you. You made me feel that someone cares about me."
- "Just got in and the box was waiting at the door! Thanks so much. The kids love opening our packages each month to see what surprises we have . . . I was just telling them that I was going to ask Nana to get mixing bowls for Christmas because the set we've had for years cracked in the dishwasher! You guys know our hearts and our needs so well and I'm so thankful to be a part of this community!
- "I hate that I had to meet you at a time like this but [I'm] so thankful . . . and eventually want to know how to volunteer, I need to start giving back and help others, too. [I'm just] sorry I didn't read more of the information in the packages sooner. It's amazing,"
- "You ladies had me crying on the floor. I felt loved, I felt supported, I felt no pity, no judgment, just love and trust."
- "I have no family in the states so I feel loved when I get each box, as if someone cares for me. I also appreciated being able to talk to [the Begin Again administrator in Arabic.] Talking to you and having you check on me is more than enough."
- "I love doing all the easy exercises & the quick stretches, they really make a difference, I'm so appreciative . . . I'm now cooking more and have done all the ones you sent, so just keep sending quick easy recipes."
- "You are my inspiration, every time I feel like giving up I think of you and you just have to keep doing what you are doing to help the world."
- "Thank your team from the bottom of my heart. God bless you for blessing me with this bed. I am truly grateful."
- "I am overwhelmed with joy and appreciation—very helpful items every single month."
- "Thank you for all your patience through my experience and for keeping me on a positive path. I'm very grateful for you and wish you all love."
- "I use the journal and calendar—the journal as a diary and I jot down things from my doctor, too. I really like the affirmation stickers; those help with my blood pressure."

Our Partners We are so grateful to partner & collaborate with. . . FAMILY CRISIS CENTER OF BALTIMORE COUNTY ABELL BUSINESSVOlunteers OUNDATION JOHNS HOPKINS UNIVERSITY





































































